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H50'S "C", "D", "E", "F", "H",
"K", "O", Headquarters

DHS

90-01-09

EXAMINATION/TREATMENT OF FEMALE APPLICANTS AND MEMBERS

This memo is to be retained in front of the HSM II-2 .

The following procedures will be in effect and complied with from the date of receipt:

- 1) All personnel are to be afforded maximum privacy while being examined and treated by R.C.M.C.P. HEALTH PROFESSIONALS. This will require that the physician leave the examining room while the patient prepares for examination by putting on the gown provided.
- 2) All patients undergoing some exercise tolerance test or any fitness test must do so while wearing appropriate exercise clothing.
- 3) Breast examination will be done by palpation of the four quadrants, exposing only the part being examined. (If any masses or other signs are discovered, refer the patient to a surgeon or a gynecologist).
- 4) Gynecological examination (internal), will not be done by H50's, instead a gynecological report will be required from female applicants and also from female members at the time of their periodic medical examination.

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- 5) NO EXAMINATION of female applicants or members will be done without a female attendant being present when any of the following parts are examined:

breast,
pelvic area or
external genitalia.

A. Trottier, M.D.,
Director,
Health Services

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